# Sikkim Public Service Commission

Written (Main) Examination for the post of Sub-Jailer

Time Allowed: 3 hours

### PAPER - II PSYCHOLOGY

Maximum Marks: 250

### **INSTRUCTIONS TO CANDIDATES**

Read the instructions carefully before answering the questions: -

- 1. This Test Booklet consists of 8 (eight) pages and has 63 (sixty-three) printed questions.
- IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS BOOKLET DOES NOT HAVE ANY UNPRINTED, TORN OR MISSING PAGES OR ITEMS. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
- 3. Use only Black Ball Point Pen to fill the OMR Sheet.
- 4. Please note that it is the candidate's responsibility to fill in the Roll Number carefully without any omission or discrepancy at the appropriate places in the OMR ANSWER SHEET as well as on SEPARATE ANSWER BOOKLET for Conventional Type Questions. Any omission/discrepancy will render the Answer Sheet liable for rejection.
- Do not write anything else on the OMR Answer Sheet except the required information. Before
  you proceed to mark in the OMR Answer Sheet, please ensure that you have filled in the
  required particulars as per given instructions.
- 6. This Test Booklet is divided into 3 (three) parts Part-I, Part-II and Part-III.
- All three parts are Compulsory.
- 8. **Part-I consists of Multiple-Choice Questions**. The answers for these questions have to be marked in the **OMR Answer Sheet** provided to you.
- Parts II and III consist of Conventional Type Questions. The answers for these questions have to be written in the Separate Answer Booklet provided to you.
- 10. After you have completed filling in all your responses on the OMR Answer Sheet and the Answer Booklet(s) and the examination has concluded, you should hand over the OMR Answer Sheet and the Answer Booklet(s) to the Invigilator only. You are permitted to take the Test Booklet with you.
- 11. Marking Scheme
  - THERE WIL BE **NEGATIVE MARKING** FOR WRONG ANSWERS MARKED BY A CANDIDATE IN THE OBECTVE TYPE QUESTIONS
  - (i) There are four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-third of the marks assigned to the question will be deducted as penalty.
  - (ii) If a candidate gives more than one answer, it will be treated as a wrong answer even if one of the given answers happens to be correct and there will be same penalty as above to the question.
  - (iii) If a question is left blank. i.e., no answer is given by the candidate, there will be no penalty for that question.

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

# PART - I (Multiple Choice Questions)

Choose the correct answer for Questions 1 to 50 from the given options. Each question carries 3 marks.

[50  $\times$  3 = 150]

1.	To obtain the past history of the person is
	the main objective of the following method:

- (a) Observation method
- (b) Anecdotal Record
- (c) Experimental method
- (d) Case history method

# Our formal education system deals mainly with the fostering of:

- (a) Crystallized abilities
- (b) Fluid abilities
- (c) Creativity
- (d) Meta cognition

3.	Person	low	in	self-esteem	responds	more	to
		beh	as	ziour.			

- (a) Attractive
- (b) Rewarding
- (c) Creditable
- (d) Interpersonal
- 4. Human motives vary in terms of:
  - (a) Quality
  - (b) Number
  - (c) Intensity
  - (d) Degree
- 5. Readiness is a state to learn new things or behave differently which is an outcome of:
  - (a) Growth
  - (b) Development
  - (c) Heredity
  - (d) Reinforcement
- Roughly speaking any procedure for ascertaining whether a given hypothesis is true or not may be called an/a:
  - (a) Generalization
  - (b) Random activity
  - (c) Theory
  - (d) Experiment

- Blind people can perform remarkable feats as a result of:
  - (a) Conditioning
  - (b) Reinforcement
  - (c) Perceptual learning
  - (d) Conditioned stimulus
- Flight of ideas is a phenomenon of rapid succession of superficially related, or entirely unrelated ideas, occurring in states of:
  - (a) Thinking
  - (b) Hypnotism
  - (c) Mania
  - (d) Deep sleep
- 9. The choice of coping depends on:
  - (a) Personality
  - (b) Types of stress
  - (c) Availability of social support
  - (d) All of the above
- 10. Motivational states are states that lead animals to work towards \_\_\_\_\_.
  - (a) Emotions
  - (b) Goals
  - (c) Society
  - (d) Perception
- 11. Our conformity is high in:
  - (a) Similar groups
  - (b) Sub groups
  - (c) Cohesive groups
  - (d) None of these
- 12. The actual interpretation of stimuli involves a process known as:
  - (a) Cognition
  - (b) Perception
  - (c) Judgement
  - (d) Understanding

13.	Evsenck	originally d	eveloped		_, a
		researched			
	persona			5-5-1-5-1-5-1-5-1-5-1-5-1-5-1-5-1-5-1-5	
	*	A sixteen-facto	or model		
	100	A three-factor		*	
		An interpersor		nodels	
		The big five m			
14	. Can a p	erson study w	ell when	music is	on?
	The me	thod of	should	be applie	ed to
	answer	this question	experime	entally.	
	(a)	Case study			
	(b)	Field observat	ion		
	(c)	Study of syste	matic cha	ange	
	(d)	Differential ps	ychology	y	
15	. Social	perception of	lescribes	social	and
	cultura	effect on mar	's	_ structi	iring
	of his p	hysical and so	cial envi	ronment.	
		Cognitive			
	(b)	Emotional			
	(c)	Defensive			
	(d)	None of the al	oove		
16	. Gestalt	theory empha	sizes:		
		A flow of cons		SS	
	4. 4.	The atoms of t			
		Environmenta	100		
		Our tendency			
	3 8				
17	. What	is Rorschao	ch's pro	ojective	test
	designe	ed to measure?	?		
	(a)	Dreams			
	(b)	Unconscious i	ntention	s	
	(c)	Conscious des	sires		
	(d)	Brain size		(4	
garon					
18	. Percept	tion of the bri	ghtness	of a colo	UI IS

affected mainly by:

(a) The wavelength of light waves

(b) The saturation of light waves

(c) The amplitude of light waves

(d) The purity of light waves

- 19. If the person is initially favourable, poorly informed, and relatively unintelligent, which one of the following would be the most effective way of communication:
  - (a) One-sided communication
  - (b) Two-sided communication
  - (c) Fear-arousing communication
  - (d) Informal communication
- 20. The method we use in memorizing poetry is called:
  - (a) Paired associate learning
  - (b) Distributed learning
  - (c) Serial memorization
  - (d) Syntactic memorization
- 21. Which behaviour is common in situation of motivational conflict:
  - (a) Depression
  - (b) Voodoo death
  - (c) Vacillation
  - (d) Lethargy
- 22. Freud describe the super ego as:
  - (a) an internalization of parental values
  - (b) the primary process
  - (c) the agent of adaptation
  - (d) the "Engine"
- 23. The phenomenon of "love at first sight" is probably due to:
  - (a) Discrimination
  - (b) Infatuation
  - (c) Spontaneous recovery
  - (d) Stimulus generalization
- 24. In which type of memory, would you keep 2 + 2 = 4?
  - (a) Semantic memory
  - (b) Episodic memory
  - (c) Iconic memory
  - (d) Echoic memory

- 25. Our attitudes can be 'illogical' was argued by:
  - (a) W. Griffitt
  - (b) R. Likert
  - (c) John T. Cacioppo
  - (d) Richard E. Petty
- 26. Hypothalamus is most closely related to which of the following glands:
  - (a) Pituitary gland
  - (b) Thyroid gland
  - (c) Adrenal gland
  - (d) Gonadal
- 27. How do babies learn to communicate?
  - (a) By recognition
  - (b) Using gestures
  - (c) By hearing
  - (d) Playing with objects
- 28. Functional fixedness is a kind of:
  - (a) Heuristic
  - (b) Algorithm
  - (c) Intelligence
  - (d) Mental set
- 29. Solution to problem sometimes occur unexpectedly because:
  - (a) Problem usually requires a period of incubation.
  - (b) We sometimes get into blind alleys in our thinking and need to wait before tackling a problem again.
  - (c) Thinking is seldom logical.
  - (d) Thinking is basically unconscious anyway.
- 30. The process of socialization goes on:
  - (a) Till childhood
  - (b) Till adolescence
  - (c) Till adult age
  - (d) Throughout life
- 31. Benet-Simon test of intelligence was designed to measure:
  - (a) Judgment, comprehension and memory

- (b) Judgment, spatial ability and reasoning
- (c) Judgment, comprehension and reasoning
- (d) comprehension, memory and reasoning
- 32. The person who carries the burden of leadership does not \_\_\_\_\_.
  - (a) feel difficulty
  - (b) enjoy the rest
  - (c) feel the emotion of hate
  - (d) decrease positive attitude
- 33. What may a person who is role-playing a new attitude position come to adopt?
  - (a) Role played position
  - (b) Direct position
  - (c) Indirect position
  - (d) Similar position
- 34. "Feeling as others feel" means:
  - (a) Sympathy
  - (b) Identification
  - (c) Empathy
  - (d) Imitation
- 35. Animal trainers make extensive use of the method of:
  - (a) Negative reinforcement
  - (b) Successive approximations
  - (c) Classical conditioning
  - (d) UCS CS paring
- 36. The fact that recall is usually relatively good for words at the beginning of a list is called the \_\_\_\_\_ effect.
  - (a) Primacy
  - (b) Serial position
  - (c) Recency
  - (d) Preferential

- 37. Who among the following worked extensively on study of body language?
  - (a) Exman
  - (b) Birdwhistell
  - (c) Kendon
  - (d) Goffman
- 38. If the historical analysis is done on the emergence of leadership is done, then we find that a leader does not emerge under which of the following circumstances?
  - (a) Peace increases a lot
  - (b) An important leader is murdered
  - (c) The danger and unrest increase significantly
  - (d) Most formal heads fail to achieve their goals
- 39. Which of the following is not included in the category of characteristics of abnormal behaviour?
  - (a) Mental imbalance
  - (b) Emotional Immaturity
  - (c) Lack of insightful behaviour
  - (d) Weakness of memory
- 40. Under socialization process everything is taught \_\_\_\_\_.
  - (a) In a planned way
  - (b) Unsystematically
  - (c) Consciously
  - (d) Independently
- 41. As a part of the group structure, relative positions take shape and become \_\_\_\_\_ in some degree over time.
  - (a) Disorganised
  - (b) Disturbed
  - (c) Reallocated
  - (d) Stabilized
- 42. Which of the following terms describes the response of an organism to stress?
  - (a) Adaptation
  - (b) Accommodation
  - (c) Assimilation
  - (d) Adjustment

- 43. IQ scores are an example of:
  - (a) Ratio scale
  - (b) Nominal scale
  - (c) Ordinal scale
  - (d) Interval scale
- 44. The trait of peace and non-violence was predominant in personality traits of Mahatma Gandhi. This quality of his will be categorised as \_\_\_\_\_\_.
  - (a) Cardinal trait
  - (b) Central trait
  - (c) Surface trait
  - (d) Dynamic trait
- 45. Match the following:

List-1	List-2		
Defence Mechanism	Basic Ideas		
A. Isolation	1. Attribution of self-generated desires to others		
B. Projection	2. No emotional reaction to the event		
C. Rationalization	3. Acceptable reason for unacceptable thought		
D. Sublimation	4. Reinstatement of stress		

#### Codes:

	A	В	C	D
(a)	2	1	3	4
(b)		4	3	2
(c)	3	2	4	1
(d)	4	3	2	1

- 46. Cattell divides attitudes into two categories:
  - (a) Source and surface attitude
  - (b) Traits and types
  - (c) Ergs and sentiments
  - (d) Defence mechanism and coping mechanism

# 47. Match the following:

a. Phobia	1. 2013
b. DSM-5	2. Schizophrenia
c. ICD-11	3. 2019
d. Engene Bleuier	4. Illogical fear

### Codes:

- (a) a-1, b-2, c-3, d-4
- (b) a-4, b-1, c-3, d-2
- (c) a-2, b-3, c-1, d-4
- (d) a-4, b-3, c-1, d-2
- 48. Sympathetic activation causes:
  - (a) An increase in heart rate
  - (b) A decrease in heart rate
  - (c) A decrease in blood pressure
  - (d) Peristaltic movements

- 49. Eidetic imagery is most common in:
  - (a) Deaf people
  - (b) Blind people
  - (c) Children
  - (d) Females
- 50. Which of the following most clearly distinguishes perception from sensation?
  - (a) Observation
  - (b) Learning
  - (c) Threshold
  - (d) Sensitivity

#### PART - II

## (Conventional Type Questions)

Answer any 2 (two) from Questions 51 to 55. Each question carries 25 marks.

 $[2 \times 25 = 50]$ 

- 51. Jai has been saying for the last year that someone is trying to kill him. He often screams for no reason and shows no expression on his face. These are the symptoms of which psychological disorder? Explain the symptoms and types of this disorder.
- 52. Explain the role of agents which influence our socialization?
- 53. How far are necessary factors responsible for abnormality?
- 54. Explain personality assessment techniques.
- 55. Differentiate creativity and intelligence. How do we measure intelligence?

#### PART - III

### (Conventional Type Questions)

Answer any 5 (five) from Questions 56 to 63. Each question carries 10 marks.

 $[5 \times 10 = 50]$ 

- 56. How do leaders come? Establish the requirements of a good leader.
- 57. Define group. Show how groups come into existence?
- 58. Discuss the factors influencing attitude change. When does attitude change become difficult?
- 59. What do you mean by stress? Describe the various likely reactions to stress.
- 60. Explain perceptual constancies. What would happen if we didn't have perceptual constancy?
- 61. How important is the study of psychology? Describe the scope of psychology.
- 62. Describe the structure and functions of brain with labelled diagram.
- 63. Differentiate animal and human learning. Show the role of motivation in learning.